



2009 HARWICH FLU CLINIC

SEASONAL FLU CLINIC

The Harwich Health Department has announced the date of this year's public flu clinic will be **Monday, September 28th** at the Community Center on Oak St. The clinic will be held from 2 p.m.-6 p.m. and no registration is required. We anticipate having approximately 600 doses of vaccine available for this clinic.

PLEASE DO NOT ARRIVE BEFORE THE START OF THE CLINIC AS THE BUILDING AND PARKING LOT WILL BE CLOSED

Eligibility Criteria for the 2009 Harwich Clinic:

- You must be a Harwich resident or employee
- There is a \$5 fee per person unless you are Medicare Part B eligible. You must bring your Medicare Part "B" card with you.
- Be a minimum of 18 years of age (dosage varies for children-see your physician for vaccination)
- Please wear a short sleeve shirt to the clinic
- Meet one of the CDC guidelines for vaccination

The Centers for Disease Control has issued the following guidelines for vaccination for 2009-2010:

People recommended for vaccination based on their risk of complications from influenza or because they are in close contact with someone at higher risk of influenza complications include:

- Children aged 6 months until their 5th birthday, (*contact your physician for availability*)
- Pregnant women,
- People 50 years of age and older,
- People of any age with certain chronic health conditions (such as asthma, diabetes, or heart disease),
- People who live in nursing homes and other long-term care facilities,
- Household contacts of person at high risk for complications from influenza,
- Household contacts and out of home caregivers of children less than 6 months of age, and
- Health care workers.

People who should NOT be vaccinated include:

- People who have a severe allergy to chicken eggs,
- People who have had a severe reaction to an influenza vaccination,
- People who have developed Guillian-Barré syndrome within 6 weeks of getting an influenza vaccine,
- Children less than 6 months of age (influenza vaccine is not approved for this age group), and
- People who have a moderate to severe illness with a fever (they should wait until they recover to get vaccinated).